HTML frames are used to divide your browser window into multiple sections where each section can load a separate HTML document. A collection of frames in the browser window is known as a frameset. The window is divided into frames in a similar way the tables are organized: into rows and columns.

**Disadvantages of Frames**

There are few drawbacks with using frames, so it's never recommended to use frames in your webpages:

* Some smaller devices cannot cope with frames often because their screen is not big enough to be divided up.
* Sometimes your page will be displayed differently on different computers due to different screen resolution.
* The browser's *back button* might not work as the user hopes.
* There are still few browsers that do not support frame technology.

**Creating Frames**

To use frames on a page we use <frameset> tag instead of <body> tag. The <frameset> tag defines how to divide the window into frames. The **rows** attribute of <frameset> tag defines horizontal frames and **cols** attribute defines vertical frames. Each frame is indicated by <frame> tag and it defines which HTML document shall open into the frame.